

The California Wellness Foundation

Portfolio

STORIES, IDEAS AND LESSONS LEARNED FROM OUR HEALTH GRANTMAKING

Advocates Use Research, Studies and Polls To Inform Health Policy



SUMMER 2005

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TCWF Announces Staff Changes

Meet TCWF's new program
director, Jeff Kim, in the In
The News section on p. 14.

*On the cover: PICO California, a grassroots
advocacy organization, brought thousands of
Californians to Sacramento in April to urge
legislators to expand access to health insurance.*

The
California Wellness
Foundation



Grantmaking for a Healthier California

Advocates Use Research, Studies and Polls To Inform Health Policy

Across the state, nonprofit organizations are developing and disseminating research tools to address the health needs of California's most vulnerable populations. By informing policymakers and community stakeholders on issues such as diversity in the health care workforce, environmental toxins in children's products, and the opinions of ethnic

and immigrant communities about health issues affecting their lives, these organizations are helping to improve policies that affect the health of the people of California.

"Thorough and sound research is the bedrock of informed public policy decision making," said Gary L. Yates, president and CEO of The California Wellness Foundation (TCWF).

"Reports on the critical health needs of California's underserved communities arm policymakers and opinion leaders with essential information that can transform local lessons into widespread health policy improvements."

TCWF has provided grants for core operating support to many organizations that are

addressing specific health concerns with the tools of public policy reports, research and polls. The following are several examples of how these organizations are working to inform policymakers as they consider local, regional or statewide legislation.

Best Practices for Recruiting Minority Nurses

The Tomas Rivera Policy Institute (TRPI) at the University of Southern California has conducted

more than 150 studies on issues affecting the Latino population since its inception in 1985. In March 2003, TCWF awarded a two-year, \$100,000 grant in support of a project titled "Increasing Latino Participation in the Nursing Profession: A Statewide Benchmarking Project."

Research has shown that minority health care providers are more likely to provide health care to underserved communities, so increasing the retention of Latino nursing students could have an important impact on the ability of these communities to access quality care. Statewide, Latinos make up 20 percent of pre-licensure nursing program participants, but only 4 percent of the workforce. To address this gap, TRPI conducted research to describe the policy context that influences nursing education in the state and to identify novel ways that exemplary programs address barriers that limit the number of Latinos entering the nursing profession.

"If policymakers had a real idea about the barriers Latinos face in entering the nursing workforce, it could make a real difference in the decisions they make," said Hayley Buchbinder, TRPI research manager who interviewed more than 50 nursing students, faculty and alumni at nine different nursing programs throughout the state as part of the study.

Buchbinder found that many exemplary programs were supported by an administration and leadership that implemented specific policies to promote diversity. Such policies include finding innovative approaches to funding, collaboration between public and private partners, placing minority role models in recruitment and retention positions, and a payroll system that allows staff to donate portions of their paychecks to a minority scholarship through the ease of direct deposit.

The results of TRPI's findings will be disseminated in a report to policymakers and stakeholders throughout the state this summer at two regional briefings. TRPI also plans to post the report online, issue a news release, and also announce its release on a widely circulated electronic mailing list.



Mount St. Mary's College in Los Angeles was one of the nursing programs studied by TRPI.

“In a state as ethnically and racially diverse as California, a health workforce that mirrors the population is a critical component of improved health care access and quality,” said Saba Brelvi, TCWF program director. “By informing policymakers and stakeholders of best practices in the field of health care workforce diversity, this report will help inform public policy for nursing programs in the years ahead.”

Opinion Polling Among Immigrant Communities

Since April 2002, Pacific News Service’s New California Media (NCM) project has conducted multilingual polls to gauge the views of non-English-speaking immigrant populations normally excluded from mainstream public opinion surveys. In September 2004, TCWF awarded NCM a two-year, \$100,000 grant to conduct public opinion polls on health issues facing California’s ethnic communities.

“To track public opinion in the United States without accessing immigrant, ethnic and non-English-speaking communities is to discount the voice of a large segment of the population,” said Brahmani Houston, NCM communications coordinator.

A common thread in NCM’s polls is how the ethnic media are a major source for information about health care issues. Its first poll — conducted in 12 languages among 2,000 adult immigrants in California, with a margin of error of plus or minus 3 percent — found that the ethnic media are a primary news and information source for California’s immigrant communities. A subsequent poll found that, after doctors, the ethnic media are the primary source of information about health care for ethnic Californians.

This poll also revealed that, as a group, immigrants rank health care as the most important issue facing California, surpassing employment and education. The poll also found that many are

unaware of their legal right to a language interpreter when receiving health care.

An upcoming NCM poll will survey 800 ethnic Californians between the ages of 18 and 25 on what they perceive as health challenges confronting their families and communities.

“California is one of the most ethnically diverse states in the country,” said Ruth Holton Hodson, TCWF director of public policy. “For state policymakers to adequately address the health needs of non-English-speaking communities, it is important that they have

specific, culturally sensitive data on the attitudes, opinions and customs of their diverse constituents.”

Conducted by nationally recognized pollster Sergio Bendixen, NCM’s polls receive wide coverage in California and nationwide by major

media outlets such as The Wall Street Journal, New York Times and Washington Post, and through NCM’s network of more than 700 ethnic media organizations.

With each poll, NCM holds briefing sessions and press conferences about the findings for policymakers, opinion leaders, the media and health advocacy groups. As a result, the polls have proven to be an effective way to educate policymakers about the concerns of immigrants and ethnic communities.

“We have been requested at times to give presentations on the polls, sometimes months later, by groups ranging in focus from advocacy to policy to corporate business,” said NCM’s Houston. “I regularly get requests for data that is a couple years old, mainly because it is the only study of its kind out there.”



NCM's Executive Director Sandy Close presents poll results at a briefing for the media.

continued on page 4

Advocates Target Policymakers at the Local and State Level

continued from page 3

Research on Environmental Health Hazards

Many consumers assume that if a chemical is used in products marketed to them, it must have been proven safe. This is not always the case. There are more than 85,000 chemicals on the market, 90 percent of which lack complete health and safety data. In fact, research conducted by environmental and public health groups has found that chemicals present in many common products used by children may be toxic.

In March 2004, TCWF awarded a three-year, \$135,000 grant to Environment California Research and Policy Center, Inc. (ECRPC), to continue to educate the public and policymakers about the health effects of toxic chemicals and to advocate for policies that reduce their use. Formed in 2003, the Los Angeles-based organization has extensive experience in identifying threats to

the environment and using careful research to implement a focused strategy to achieve measurable objectives.

“The efforts of environmental groups such as ECRPC educate the public and decisionmakers and help Californians make their voices heard in local, state and national debates over the quality of our environment and our lives,” said Sujatha Jahagirdar, ECRPC clean air and clean water advocate.

In 2003, ECRPC led the charge in the state policy arena to highlight the dangers of polybrominated diphenyl ethers, or PBDEs. Their research found that these toxic flame-retardant chemicals, present in foam furnishings, textiles and electronic components, can build up in breast milk and may be linked to neurological damage in infants.

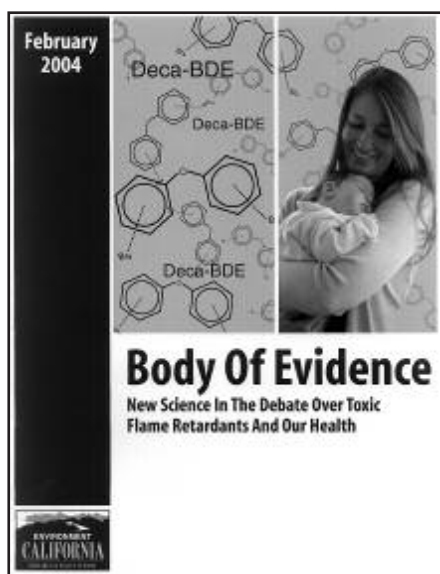
Through a strategic campaign consisting of research reports, media outreach, advocacy and key coalition partners, ECRPC informed the public and

decisionmakers about the emerging threat from this substance, about which little was previously known outside the environmental health community.

Primary outreach efforts included the dissemination of reports through one-on-one meetings with decisionmakers and the media. To augment coverage of these publications, ECRPC also produces and distributes background footage, or “B-roll” tapes, to television news stations; submits letters to the editor and op-eds to major newspapers; and employs a large e-mail distribution network composed of more than 85,000 Californians.

Another recent report, “Growing Up Toxic: Chemical Exposures and Increases in Development Disease,” chronicles threats to fetal and infant development, with a focus on the toxic chemicals included in everyday products. Based on this research, ECRPC will focus its next campaign on those chemicals found in popular baby toys on the market.

“By educating policymakers and consumers on the toxic health risks associated with numerous household products, ECRPC is creating momentum for stronger public policies that will promote the health of all Californians,” said Fatima Angeles, TCWF program director. “When they study the effects of chemicals whose safety has not previously been determined, they provide valuable data to guide decision making.”



Published reports are a key component of ECRPC's policy advocacy strategy.

Information about the organizations in this article can be found at the following sites:

Tomas Rivera Policy Institute

www.trpi.org

New California Media

www.ncmonline.com

Environment California Research and Policy Center

www.environmentcalifornia.org

Teenage Pregnancy Prevention

Preventing Pregnancy Among API Teens Involves Youth and Adults

Asian and Pacific Islander (API) teens and their parents face many of the same conflicts as families from other ethnic groups when it comes to communicating about dating, academic expectations and other issues. On issues such as healthy sexuality and pregnancy prevention, there is often no communication at all.

Staff at Los Angeles' Asian Pacific Health Care Venture (APHCV) recognized the need both for clinical services for API youth, such as pregnancy testing, birth control counseling and STD screening and for creating a safe space where youth can come together for educational programs, teen theater and hip-hop dance classes that incorporate messages about healthy sexuality.

To that end, APHCV operates a school-based clinic at Marshall High School and a weekly teen clinic at its facility in the Los Feliz neighborhood of Los Angeles, close to large communities of immigrants from Thailand, Korea, Vietnam and China. The clinics are designed to be places where youth can receive confidential services in a teen-friendly environment.

"It's the Catch-22 of being an API-focused clinic," said Jeanne Aguinaldo, APHCV's youth services manager. "Some youth are reluctant to come in because they're afraid that an adult they know or a friend of their parents will see them."

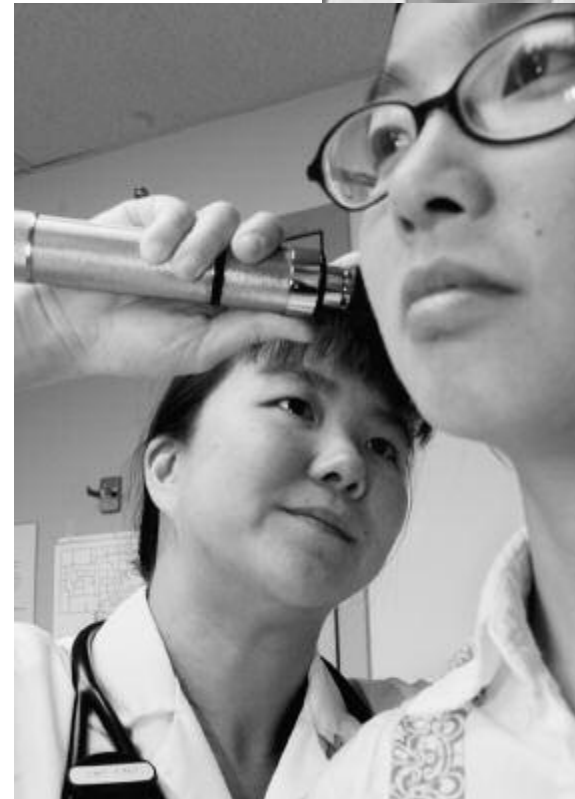
So instead of tiptoeing around the cultural barriers of parent-teen communication and working only with teens on issues of pregnancy prevention and safer sex, APHCV is strategically looking at how to reach out to parents. By offering workshops at their community clinic facility on topics such as preparing teens for college admissions, they hope to foster more communication between parents and teens and to help parents become more willing to learn about healthy adolescent sexuality.

The organization is also looking to bridge the gap between youth and adults by bringing youth onto the organization's board of directors. As a first step, they established a youth advisory board for the Marshall High School clinic.

"We ask the youth about what's the 'buzz' in their community," said APHCV's Aguinaldo. "Their feedback helps us plan our services."

They plan to elect two students from this group to the organization's governing board. By giving the youth a specific role – reporting on youth needs and bringing a youth voice to agency policy discussions – they hope that adult members of the board will also benefit from this interaction.

"These strategies reflect some of the best practices identified by researchers studying teenage pregnancy prevention in Asian and Pacific Islander communities," said Cristina M. Regalado, TCWF vice president of programs. "In addition to making sure that teens have access to birth control and sexuality education, parents need to understand that sexual activity is taking place among their teens and know how to deal with its consequences."



APHCV is recognized by youth in the community as a teen-friendly provider of health care and other services.

Violence Prevention

National City Youth Lead Community Health Efforts



PPF's Youth Leadership Team builds the advocacy skills of youth concerned with violence in their community.

Located in south San Diego County, National City has the highest violent crime rate in the county, much of it drug-related. It is estimated that 12 gangs operate in this area, and more than 500 young people under 25 years of age have been identified as gang members. It is the second poorest city in the state, and the local high school has the highest dropout rate in its district.

To address these community health concerns and effect policy change, Paradise Valley Hospital established its Partners for Prevention (PPF) coalition in 1991 with the convening of neighborhood residents, law enforcement and social service providers. More recently, it has brought youth into the fold.

“The youths’ involvement has given our coalition an authentic youth policy voice,” said Yenni Lamas, PPF prevention specialist and project coordinator.

In June 2003, TCWF awarded Paradise Valley Hospital a three-year, \$50,000 grant to continue the PPF coalition, which provides youth leadership development and advocacy activities to reduce violence against youth in National City.

“Because youth are the ones most directly affected by gang violence and alcohol and drug abuse, they are often capable of offering the best solutions to these critical public health concerns,” said Nicole J. Jones, TCWF program director. “By training them to be leaders and advocates, they can work with other community stakeholders to improve the health and safety of their community.”

PPF develops youth leadership and advocacy capacities through its Youth Leadership Team (YLT), an after-school program that meets weekly to discuss issues affecting schools and the community. Students meet with their peers and faculty to discuss problems and develop solutions, such as public policy advocacy or presentations to peer groups.

All students are welcome to attend YLT meetings, which use curricula that cover various conflict resolution styles, communication skills, perceptions, peer-to-peer mediation processes, and political advocacy tactics such as developing policy sheets, diplomacy and garnering broad-based support.

One of the youth leaders’ major accomplishments has been their role in defeating a City Council initiative that would have allowed many alcohol-serving businesses to be located within 660 feet of school sites. Concerned about potential harms and hazards to public safety, students honed their media advocacy skills and organized a coalition of school representatives, prevention providers, students, parents and community residents to present their concern at a City Council meeting.

Due to the high level of community involvement, the City Council delayed their vote, held special meetings to listen to community concerns, and came up with a compromise policy decision based on recommendations by YLT students.

The YLT has also been successful in presenting information from a peer-to-peer perspective with various youth summits. These interactive forums have covered health issues such as gang violence, teen relationship violence, conflict resolution, and alcohol and other drugs.

“The YLT has mobilized many parents to get engaged at their local city council meetings,” said PPF’s Lamas. “They have been a great addition.”

Special Projects**Federal Program Helps Community Clinics Recoup Costs of Providing Care**

For clinics that provide health services to underserved Californians, keeping their doors open is often a struggle. Publicly funded programs like Medi-Cal reimburse clinics at rates that are far below actual costs of delivering health care. In some communities, local donors step in to help fill the gap; in others, however, the competition for those gifts is keen, and it is hard for organizations to be able to count on a consistent level of support.

As a result, community clinics throughout California have been assessing whether pursuing Federally Qualified Health Clinic (FQHC) status is a solution to their financial challenges. Under this program, which has seen major expansion by the Bush administration, clinics that meet program requirements negotiate a reimbursement rate from the government that more accurately reflects the actual costs of the services provided.

For the staff at the Miners Family Health Center in the Sierra foothill community of Nevada City, pursuing FQHC status made sense. It would allow the clinic to expand its menu of services beyond primary health care to include behavioral health, preventive care, specialty services and radiology, and to plan for the addition of a dental clinic in 2006.

“With a patient population that is 65 percent Medi-Cal eligible, we were losing about \$20 on each clinic visit,” said Robert Long, MFHC executive director. “We realized we needed to find a long-term solution because our community couldn’t readily make up this gap. It’s a guaranteed floor, so we know that we can make ends meet.”

The organization received a three-year, \$120,000 TCWF grant to hire a consultant to prepare the extensive application and to pay for the expanded scope of required services during the application period.

The clinic started laying the groundwork for its application several years ago by securing its own nonprofit status, separate from the area physician’s group with whom it had been affiliated. It received its clinic license and underwent a financial audit. Its consultant also helped clinic staff develop many new protocols and procedures that were required by the government. The clinic learned in December 2004 that its application had been approved.

“The letter arrived on the 21st – it was a great Christmas present,” MFHC’s Long said.

FQHC status has already meant an improvement in the level of care available to low-income and underserved residents

of Nevada County. The clinic has been able to take on some services traditionally provided by the county clinic, such as family planning and STD treatment. But at Miners Family Health Center, these patients are treated by a physician’s assistant with training in family medicine who is able to address a broader range of their health needs and make appropriate referrals within the clinic.

“FQHC status will not be the right solution for every free or community clinic,” said Sandra Martínez, TCWF program director. “Yet for those that are able to meet the government’s requirements for services and operating standards, it opens up a new funding stream that can make it easier for clinics to expand and reach more of California’s currently underserved.”



As an FQHC, Miners Family Health Center provides a wider scope of care and operates on a stronger financial footing.

The Foundation prioritizes eight health issues for funding and responds to timely issues or special projects outside the funding priorities. We encourage requests for core operating support, but requests for project funding are also welcome. Core operating support can be used to help underwrite the regular, ongoing health care, health promotion and disease prevention activities of your organization. Such funds can be used for ongoing organizational costs such as salaries for key administrative staff or operating expenses. Core support funds can also be used for strengthening organizational capacity through activities such as engaging in strategic planning, facilitating board development or developing information systems. Each prioritized health issue is described below.

Diversity in the Health Professions

Grants that address the issue of diversity in the health professions are commonly given to organizations that provide pipeline programs, scholarships, outreach and retention programs, internships, fellowships and loan repayment programs for ethnic minorities that are underrepresented in the health professions. Careers in medicine, nursing, public health and other allied health professions are included. Organizations that support leadership development for people of color in the health professions are also eligible for funding. In addition, the Foundation funds organizations that educate policymakers and advocate for public and institutional policies that promote diversity in the health professions.

Environmental Health

Grants that address the issue of environmental health are commonly given to organizations that provide environmental health education and awareness activities; community organizing to promote environmental health; screening and testing for exposure to environmental toxins; leadership development; and collaborations such as partnerships between public health departments and community-based health programs to improve environmental health. The Foundation also funds efforts to inform policymakers and advocate for policies that could improve environmental health among underserved populations.

Healthy Aging

Grants that address the issue of healthy aging are commonly given to organizations that provide clinical preventive services, falls prevention programs, food and nutrition programs, in-home support and kinship caregiving. Also funded are organizations that support relationships between youth and older adults through activities such as intergenerational volunteering and mentoring. In addition, the Foundation funds agencies that educate policymakers and advocate for policies that promote healthy aging, as well as organizations that provide leadership development programs for seniors.

Mental Health

Grants that address the issue of mental health are commonly given to organizations that provide services for transition-age youth (ages 16-23) — with a focus on those in, or exiting from, foster care and on runaway/homeless youth. In addition, the Foundation funds organizations that provide leadership development programs for mental health professionals, as well as organizations that inform policymakers and advocate for effective mental health programs and policies for transition-age youth.

Teenage Pregnancy Prevention

Grants that address the issue of teenage pregnancy prevention are commonly given to organizations that provide outreach activities for reproductive health care, access to contraceptive services, and comprehensive programs for pregnant teens. An emphasis is placed on funding peer-provider clinics and other reproductive health organizations that work with high-risk, sexually active, underserved teen populations. The Foundation also funds organizations that provide leadership development activities for reproductive health care workers and organizations that inform policymakers and opinion leaders about effective policies and programs to prevent teen pregnancy.

Violence Prevention

Grants that address the issue of violence prevention are commonly given to organizations that provide services for youth (ages 12–24) including mentoring programs, gang intervention programs, reentry programs, community-based violence prevention programs and after-school programs. An emphasis is placed on funding organizations that work with



at-risk youth, including gang-affiliated and previously incarcerated youth. Grants are also made to organizations that provide leadership development activities to those working in the field of violence prevention, as well as organizations that inform policymakers and advocate for public policies that prevent violence against youth.

Women's Health

Grants that address the issue of women's health are commonly given to organizations that provide reproductive health care, prenatal care, community-based comprehensive health care services, HIV/AIDS programs for women of color, case management, and supportive housing for homeless women. Priority is given to organizations that create welcoming environments for women in underserved communities. The Foundation also funds organizations that provide leadership development activities for women and those that educate policymakers and advocate for effective policies and programs that promote women's health.

Work and Health

Grants that address the issue of work and health are commonly given to nonprofit organizations that provide health care services to farm workers, in-home health workers, garment workers, day laborers and other low-income workers. Worker centers that provide culturally sensitive and linguistically appropriate services such as health education and access to health care for low-wage workers are also prioritized for funding. In addition, the Foundation funds organizations that provide leadership development programs for low-wage workers. Organizations that educate policymakers about the connections between work and health and advocate for policies that could improve the health of low-income workers are funded as well.

Special Projects

Each year, the Foundation sets aside a pool of dollars to respond in a timely fashion to opportunities that fit our mission but are outside the eight health issues prioritized for funding. The Foundation places an

emphasis on grants to support and strengthen safety net providers of health care, to help low-income consumers understand and navigate the health care system, and to inform public decision making through policy analysis and advocacy. The Foundation also provides funding to address the health care needs of the Cal/Mex border population, the urban homeless, and culturally appropriate programs for underserved ethnic populations.

Application Process

To present The California Wellness Foundation with a grant request, an organization should first write a one- to two-page letter of interest that describes the organization's mission and activities, the region and population(s) served, the annual operating budget, how the funds will be used, and the total funds requested from the Foundation. If you are requesting project funding, please include the project's goals, leadership and duration. Your letter will be processed most accurately if you clearly indicate the TCWF funding priority for which you want your request considered. No application form is needed, and formal proposals are not accepted at this preliminary stage.

Foundation staff will review letters of interest on an ongoing basis and notify prospective applicants of the results normally within three to four months. Those encouraged to submit a proposal will receive further guidance at that time.

Eligibility Criteria

With rare exception, the Foundation funds nonprofit organizations that are exempt under Section 501(c)(3) of the Internal Revenue Code and are deemed as "not a private foundation" under Section 509(a). The Foundation also funds government agencies.

Grants are not generally awarded for annual fund drives, building campaigns, major equipment or biomedical research. Activities that exclusively benefit the members of sectarian or religious organizations are not considered. The Foundation does not provide international funding or fund organizations located outside the United States.



Letters of interest should be directed to: Director of Grants Management,
The California Wellness Foundation, 6320 Canoga Avenue, Suite 1700, Woodland Hills, CA 91367

Awarded December 2004

TCWF's Board of Directors approved the following grants in support of the Foundation's mission of improving the health of the people of California and to further its four goals: addressing the health needs of underserved communities, supporting and strengthening nonprofit organizations, recognizing and encouraging leaders, and informing the development of public policies. For current application guidelines, please see the preceding How To Apply pages.

A HEALTHY HOUSE WITHIN A MATCH COALITION
 Merced, CA
\$150,000 over three years
 For core operating support to sustain the Hmong Elders Program, which addresses the health needs of older Hmong refugees in Merced County.

ACCESS CALIFORNIA SERVICES
 Anaheim, CA
\$160,000 over three years
 For core operating support to continue to provide access to acute and preventive health services to underserved, low-income adults and children in Orange County.

ALLIANCE FOR CHILDREN'S RIGHTS
 Los Angeles, CA
\$150,000 over three years
 To support the Health Care Program to provide Medi-Cal information, education and case management to foster youth who are transitioning out of the system in Los Angeles County.

ALLIANCE FOR LEADERSHIP AND EDUCATION
 Sacramento, CA
\$150,000 over three years
 For core operating support to sustain statewide adult day health care advocacy activities.

ALTA BATES SUMMIT FOUNDATION/BREAST HEALTH ACCESS FOR WOMEN WITH DISABILITIES
 Berkeley, CA
\$75,000 over three years
 To educate and train mammography technologists in the Bay Area in providing services to women with disabilities.

ASIAN AMERICANS-PACIFIC ISLANDERS IN PHILANTHROPY
 San Francisco, CA
\$50,000 over one year
 To gather baseline data focused on the health impacts of incarceration on Asian-Pacific American children, youth and families.

ASIAN PACIFIC COMMUNITY COUNSELING
 Sacramento, CA
\$90,000 over three years
 To increase training and professional development opportunities for Asians and Asian-Americans in the mental health field in Sacramento.

ASSOCIATION OF COMMUNITY ORGANIZATIONS FOR REFORM NOW
 Los Angeles, CA
\$150,000 over three years
 To support a new collaborative project to reduce indoor environmental health risks experienced by low-income families renting substandard housing.

CALIFORNIA BLACK WOMEN'S HEALTH PROJECT
 Inglewood, CA
\$150,000 over three years
 For core operating support to continue training black women in Los Angeles to be advocates for their health and the health of their communities.

CALIFORNIA COALITION FOR YOUTH
 Sacramento, CA
\$300,000 over one year
 For core operating support for the continued operation of the California Youth Crisis Line, a statewide hotline serving homeless, runaway and other at-risk youth.

CALIFORNIA INDIAN MANPOWER CONSORTIUM, INC.
 Sacramento, CA
\$150,000 over three years
 For core operating support to sustain the Elders Program, which promotes healthy lifestyles, disease/illness prevention and maintenance, and wellness education for Native American elders.

CALIFORNIA INSTITUTE FOR NURSING & HEALTHCARE
 Berkeley, CA
\$120,000 over two years
 To develop and disseminate a statewide diversity plan for nursing in California.

CALIFORNIA INSTITUTE FOR RURAL STUDIES, INC.
 Davis, CA
\$125,000 over three years
 For core operating support to sustain efforts to disseminate and communicate research findings on farmworker health to policymakers, opinion leaders, the media and the general public.

CALIFORNIA STATE UNIVERSITY, STANISLAUS FOUNDATION/THE BRIDGE COMMUNITY CENTER
 Modesto, CA
\$180,000 over three years
 To provide multigenerational, holistic, prevention-based health education for Southeast Asian women and their children in Stanislaus County.

CAMPANILE FOUNDATION/CONSENSUS ORGANIZING CENTER
 San Diego, CA
\$125,000 over three years
 To promote health career opportunities among foster youth in San Diego County.

CANGRESS
 Los Angeles, CA
\$120,000 over three years
 For core operating support to sustain services that improve the health and safety of homeless women living in the Skid Row area of Los Angeles.

CENTER FOR ADOLESCENT HEALTH & THE LAW
 Chapel Hill, NC
\$75,000 over two years
 To identify policy barriers to health care for homeless and disconnected youth in California and develop solutions.

CENTINELA YOUTH SERVICES, INC.
 Hawthorne, CA
\$135,000 over three years
 For core operating support to sustain mediation and counseling services as a violence prevention strategy.

CENTRAL CITY LUTHERAN MISSION
 San Bernardino, CA
\$160,000 over three years
 To support the Urban Healthcare Workers/Promotores de Salud Program to recruit and train residents to provide health education and information and to increase access to screenings and primary care services in the Central City area of San Bernardino.

CENTRAL COAST ALLIANCE UNITED FOR A SUSTAINABLE ECONOMY
Ventura, CA
\$150,000 over three years
For core operating support to continue efforts in expanding health care coverage to uninsured working families in Ventura County.

CITY OF CALEXICO RECREATION DEPARTMENT
Calexico, CA
\$150,000 over three years
For core operating support to sustain the Senior Health Outreach Program, which provides outreach, health education, and fitness instruction and assistance to senior citizens in Calexico.

COALITION OF MENTAL HEALTH PROFESSIONALS, INC.
Los Angeles, CA
\$225,000 over three years
For core operating support to continue providing mental health counseling services to low-income children and adults in South Los Angeles.

THE COMMUNITY CLINIC CONSORTIUM OF CONTRA COSTA
San Pablo, CA
\$150,000 over three years
To promote community health careers for students and workers of color in Contra Costa County.

COMMUNITY HUMAN SERVICES
Monterey, CA
\$25,000 over one year
To complete the strategic plan for implementing a supportive transitional housing program that promotes mental health and wellness among runaway and homeless youth in Monterey County.

COMMUNITY PARTNERS/CALIFORNIA SAFE SCHOOLS
Van Nuys, CA
\$120,000 over three years
For core operating support for California Safe Schools to sustain a project that works to reduce the use of environmental toxins in school districts.

COMPASSPOINT NONPROFIT SERVICES
San Francisco, CA
\$130,000 over one year
To develop, implement and evaluate a two-day conference for organizations funded by TCWF to work on the issue of violence prevention, and for the Second Milestones of a Global Campaign for Violence Prevention International Meeting.

CONTRA COSTA HEALTH SERVICES
Martinez, CA
\$120,000 over three years
To support education, leadership development and capacity-building programs to allow residents to advocate for improved environmental health policies in low-income Contra Costa County communities.

CRLA FOUNDATION/CENTRAL VALLEY PARTNERSHIP FOR CITIZENSHIP
Rancho Cordova, CA
\$100,000 over two years
To develop a regional health advocacy infrastructure to advance policies that improve the health of immigrant communities in the San Joaquin and southern Sacramento Valleys.

CSULA AUXILIARY SERVICES, INC./EDMUND G. PAT BROWN INSTITUTE OF PUBLIC AFFAIRS
Los Angeles, CA
\$135,000 over three years
To strengthen the capacity of community organizations to jointly address the health needs of the communities of East Los Angeles and West San Gabriel Valley.

DISABILITY RIGHTS EDUCATION AND DEFENSE FUND, INC.
Berkeley, CA
\$100,000 over two years
To develop and advocate for state policies that address accessibility barriers to health care for people with disabilities in California.

DOMESTIC VIOLENCE SOLUTIONS FOR SANTA BARBARA COUNTY
Santa Barbara, CA
\$150,000 over three years
To conduct teen-relationship violence prevention education in middle and high schools, in juvenile justice facilities and in collaboration with other community-based organizations throughout Santa Barbara County.

FAMILY CARE NETWORK, INC.
San Luis Obispo, CA
\$150,000 over three years
To address the mental health and supportive housing needs of transition-age youth emancipating from the foster care system.

FAMILY SERVICE AGENCY OF THE CENTRAL COAST
Santa Cruz, CA
\$130,000 over three years
For core operating support to sustain Senior Outreach and Renaissance programs, which provide peer and professional counseling for older adults in Santa Cruz County.

FARMERSVILLE UNIFIED SCHOOL DISTRICT/FARMERSVILLE HEALTHY START
Farmersville, CA
\$150,000 over three years
To implement a youth violence prevention program for middle and high school students in Farmersville.

FOUNDATION FOR OSTEOPOROSIS RESEARCH & EDUCATION
Oakland, CA
\$120,000 over three years
For core operating support to sustain prevention education and screening programs for older adults in California.

FRESNO REGIONAL FOUNDATION
Fresno, CA
\$60,000 over one year
To conduct a planning process to develop a Joint Power Authority composed of representatives from Fresno, Kings, Madera, Mariposa, Merced and Tulare Counties to address the mental health services needs of underserved children and youth.

GANG REDUCTION INTERVENTION TEAM
Redlands, CA
\$90,000 over three years
For core operating support to sustain the provision of violence prevention programs for youth in Redlands and surrounding San Bernardino County communities.

THE GLENN COUNTY OFFICE OF EDUCATION/ GLENN AND COLUSA COUNTY SENIOR NUTRITION PROGRAM
Willows, CA
\$150,000 over three years
For core operating support to sustain the Glenn and Colusa County Senior Nutrition Program serving homebound and low-income Latino seniors.

GRANTMAKERS IN HEALTH
Washington, DC
\$300,000 over three years
For core operating support to continue to develop capacity to be an effective resource for health philanthropy in California.

GREENLINING INSTITUTE
Berkeley, CA
\$200,000 over two years
To train California's emerging health policy and advocacy leaders of color.

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HARDER + COMPANY COMMUNITY RESEARCH
Davis, CA

\$110,000 over one year

To conduct a preliminary assessment of the impact of the first two years of the TCWF responsive grantmaking program.

HIGH DESERT COMMUNITY COALITIONS
Phelan, CA

\$100,000 over three years

For core operating support to increase the capacity of health and human service nonprofit agencies in the high desert area of San Bernardino County.

HISPANICS IN PHILANTHROPY
San Francisco, CA

\$250,000 over three years

To support the Funders' Collaborative for Strong Latino Communities, which works to strengthen health and human service-providing Latino nonprofit organizations through capacity-building grants, convenings and technical assistance training.

HMONG WOMEN'S HERITAGE ASSOCIATION
Sacramento, CA

\$150,000 over three years

For core operating support to continue to provide health promotion and support services for low-income Hmong refugee families in Sacramento and Yolo Counties.

INDEPENDENT SECTOR
Washington, DC

\$75,000 over one year

To support an independent national panel to consider and recommend actions to strengthen good governance, ethical conduct and effective practices of public charities and private foundations in California.

INLAND CONGREGATION UNITED FOR CHANGE, SPONSORING COMMITTEE, INC.
San Bernardino, CA

\$150,000 over three years

For core operating support to strengthen community-organizing efforts to improve the health of low-income families in the Inland Empire.

INSTITUTE FOR COMMUNITY PEACE, INC.
Washington, DC

\$150,000 over three years

For core operating support to sustain the provision of technical assistance for California-based violence prevention organizations.

LATINO ISSUES FORUM
San Francisco, CA

\$90,000 over two years

To support a new collaborative effort, the Rural Water Collaborative, to improve access to clean, safe and affordable water.

NATIONAL COUNCIL ON CRIME & DELINQUENCY RESEARCH CENTER
Oakland, CA

\$70,000 over one year

To develop documentation of the SHIELD violence prevention program conducted by the Westminster Police Department.

NATIONAL ENVIRONMENTAL TRUST/ ENVIRONMENTAL HEALTH LEGISLATIVE WORKING GROUP

San Francisco, CA

\$150,000 over three years

To support a project to continue planning and holding annual Legislative Education Days, which educate policymakers and elevate citizens' voices in support of environmental health policies.

NATIONAL INTERFAITH COMMITTEE FOR WORKER JUSTICE

Chicago, IL

\$140,000 over three years

To support the Interfaith Unites for Health Care project, which seeks to organize the faith communities in the Bay Area to advance local advocacy efforts for affordable, accessible and quality health care among low-wage workers.

NORTH COUNTY HEALTH PROJECT, INC.
San Marcos, CA

\$180,000 over three years

To support the provision of dental health services through a mobile van for migrant farmworkers and their families in North San Diego County.

NORTHERN CALIFORNIA GRANTMAKERS
San Francisco, CA

\$150,000 over three years

For core operating support to continue to provide programs and activities supporting education, research and public policy for members who are health grantmakers in the Northern California area.

ORANGE COUNTY BAR FOUNDATION
Irvine, CA

\$90,000 over three years

To provide counseling and diversion services focusing on substance abuse for at-risk Spanish-speaking youth in Orange County.

ORANGE COUNTY CONGREGATION COMMUNITY ORGANIZATION
Anaheim, CA

\$150,000 over three years

For core operating support to strengthen the community health advocacy efforts of member congregations in the cities of Anaheim, Costa Mesa, Fullerton and Santa Ana.

PACIFIC INSTITUTE FOR COMMUNITY ORGANIZATIONS/COMMUNITY VOICE
Los Angeles, CA

\$150,000 over three years

For core operating support for Community Voice to strengthen community-organizing efforts to improve the health of low-income families in East and South Los Angeles.

PARTNERS IN CARE FOUNDATION, INC./ ANTELOPE VALLEY PARTNERS FOR HEALTH
Lancaster, CA

\$150,000 over three years

For core operating support for Antelope Valley Partners for Health to continue to provide programs to increase access to health care for underserved and low-income residents of the Antelope Valley.

PHOENIX HOUSE OF LOS ANGELES
Lake View Terrace, CA

\$150,000 over three years

To expand the Genesis mental health and substance abuse treatment program serving dually diagnosed youth.

PHYSICIANS FOR SOCIAL RESPONSIBILITY INC.
Berkeley, CA

\$60,000 over three years

For core operating support to continue efforts in increasing knowledge of environmental health issues within the medical and public health communities and to promote specific public policy measures to reduce exposures to toxicants.

PUBLIC HEALTH INSTITUTE/CENTER FOR COLLABORATIVE PLANNING
Sacramento, CA

\$184,000 over one year

To provide logistics and content support for TCWF's annual conference on increasing diversity in the health professions.

PUBLIC HEALTH INSTITUTE/MEDICINE FOR PEOPLE IN NEED
Oakland, CA

\$140,000 over two years

For core operating support for the Medicine for People in Need program to continue to inform policymakers about drug access issues for safety net providers and low-income Californians.

PURPLE MOON DANCE PROJECT

San Francisco, CA

\$75,000 over three years

For core operating support to sustain community arts and healing programs that promote health among socially marginalized women of color in the Bay Area.

QUINN COMMUNITY OUTREACH

CORPORATION

Moreno Valley, CA

\$95,000 over three years

For core operating support for the Southern California Witness Project to sustain services that increase awareness regarding breast and cervical cancer among low-income African-American women and Latinas in the Inland Empire.

REGENTS OF THE UNIVERSITY OF CALIFORNIA, BERKELEY/CENTER FOR LABOR RESEARCH AND EDUCATION

Berkeley, CA

\$80,000 over two years

To support the California Lead Organizers Institute, a training program that promotes the skills and effectiveness of grassroots leaders working to advance the health and well-being of workers throughout California.

REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES/LABOR OCCUPATIONAL SAFETY AND HEALTH PROGRAM

Los Angeles, CA

\$150,000 over three years

For core operating support for the Labor Occupational Safety and Health Program to continue the provision of peer health and safety education for youth.

REGENTS OF THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO/CENTER FOR REPRODUCTIVE HEALTH RESEARCH & POLICY

San Francisco, CA

\$65,000 over one year

To analyze and disseminate information regarding knowledge of emergency contraception among women in California.

THE SAN DIEGO FOUNDATION

San Diego, CA

\$160,000 over two years

To support the Environmental Health and Justice Initiative, which provides grants and other support to organizations working to improve environmental health.

SANTA ROSA MEMORIAL HOSPITAL/
NORTHERN CALIFORNIA TELEMEDICINE NETWORK

Santa Rosa, CA

\$150,000 over three years

For core operating support for the Northern California Telemedicine Network to sustain network activities and support the provision of preventive and specialty health services to rural sites in Northern California.

SOUTH CENTRAL FAMILY HEALTH CENTER

Los Angeles, CA

\$120,000 over three years

For core operating support to sustain the provision of prenatal services to underserved women in South Central Los Angeles.

SOUTHERN CALIFORNIA GRANTMAKERS

Los Angeles, CA

\$150,000 over three years

For core operating support to continue to provide information, resources and workshops for health grantmakers in the Southern California region.

TULARE COMMUNITY HEALTH CLINIC

Tulare, CA

\$175,000 over three years

To provide health screening, education and follow-up services for migrant farmworkers and their families in rural Tulare County.

TULARE JOINT UNION HIGH SCHOOL

DISTRICT/TULARE ADULT SCHOOL

Tulare, CA

\$160,000 over three years

To establish a Licensed Vocational Nurse (LVN) program to serve a diverse student population in Tulare County.

VISION WX YOUTHZ

San Francisco, CA

\$150,000 over three years

For core operating support to sustain a youth development program serving at-risk and previously incarcerated youth in San Francisco.

WESTERN CENTER ON LAW AND POVERTY

Los Angeles, CA

\$150,000 over three years

For core operating support for the Healthy Homes Collaborative, a collaboration of community-based agencies dedicated to preventing childhood lead poisoning.

WESTSIDE NEIGHBORHOOD CLINIC

Long Beach, CA

\$120,000 over three years

For core operating support to continue to provide primary and preventive health services to low-income women in West Long Beach.

TCWF Announces Staff Changes



Jeffrey Seungkyu Kim

The California Wellness Foundation announced that Jeffrey Seungkyu Kim has joined the Foundation as a program director and that staff member, Nicole J. Jones, has received a new assignment.

“Both Jeff and Nicole bring diverse and valuable experiences to their roles at the Foundation,” said Gary L. Yates, president and CEO.

Jeffrey Seungkyu Kim is program director overseeing TCWF’s grantmaking related to healthy aging and mental health. Before joining the Foundation, he was associate director of development for National Conference for Community and Justice – Los Angeles Region. Previously, he worked for the L.A. Gay and Lesbian Center as deputy



Nicole J. Jones

“I look forward to building upon the grantmaking contributions of my colleagues in promoting the mental health of transition-age youth and healthy aging throughout the state.”

director for the legal services department. A member of the State Bar of California, Kim earned his law degree from the University of Michigan and his bachelor’s degree in economics from Yale University.

“The Foundation’s leadership in improving the health and wellness of vulnerable, at-risk Californians is exceptional,” he said. “I look forward to building upon the grantmaking contributions of my colleagues in promoting the mental health of transition-age youth and healthy aging throughout the state.”

Nicole J. Jones takes on a new assignment as program director overseeing TCWF’s grantmaking related to teenage pregnancy prevention and violence prevention. Previously, Jones oversaw the Foundation’s grantmaking in mental health and violence prevention. Prior to joining TCWF in 2002, Jones was a program officer at the California Community Foundation. She received an M.P.A. from the Bernard M. Baruch College of the City University of New York and a bachelor’s degree from UC Berkeley.

“This provides an opportunity to approach our work in ways that foster opportunities for young people to make responsible decisions.”

“Addressing the health of California’s youth is an important focus of the Foundation’s grantmaking,” she said. “This new assignment provides an opportunity to approach our work in the issues of violence prevention and teenage pregnancy prevention in ways that foster opportunities for young people to make responsible decisions about their own health and to improve the health of their communities.”

Code of Ethics Outlines TCWF Policies on Accountability

Since its inception in 1992, TCWF has pursued its mission in accordance with the fundamental principles of transparency, equity and fairness. A Code of Ethics fact sheet, on www.tcwf.org's "About the Foundation" page, explains how the Foundation adheres to those principles in setting grantmaking, personnel and investment policies. In a simple question-and-answer format, the document details the safeguards TCWF has put in place to ensure that it is an accountable, ethical and responsible steward of Foundation assets.

TCWF Board Members Serve on Ethics Panel

Two TCWF Board members, *Peggy Saika* and *Luz A. Vega-Marquis*, have been named to The Council on Foundation's advisory committee for its national initiative to encourage and enforce foundation standards of ethics and accountability, *Building Strong and Ethical Foundations: Doing It Right (BSEF)*. More information on BSEF is available on the Council's website, www.cof.org.

TCWF Receives Awards for Excellence in Communications

The Council on Foundations has named TCWF a recipient of two 2005 Wilmer Shields Rich Awards for Excellence in Communications. TCWF received a gold award in the newsletter category for *Portfolio*, and a gold award in the public policy campaigns category for its "Keeping Youth Safe" statewide satellite videoconference on violence prevention, produced by grantee i.e. communications. The awards were presented at the Council's annual conference in San Diego on April 11.

Program Director Testifies Before State Senate Committee

TCWF Program Director *Saba Brelvi* was invited to testify before a special meeting of the Senate Health Committee on February 23 that addressed admissions to University of California medical schools and shortages of underrepresented minorities in the health care workforce. Brelvi provided information about TCWF's grantmaking in the issue of diversity in the health professions.



Saba Brelvi

Kudos

Gary L. Yates, president and CEO, received the 2005 Spirit of Peace Award from the Stop the Violence Increase the Peace Foundation at its annual dinner in March in Los Angeles.

Cristina M. Regalado, vice president of programs, was elected vice chair of Grantmakers In Health in March.



Cristina M. Regalado

Policy Brief Highlights Importance of State-Funded Border Health Office

A policy brief from the Latino Coalition for a Healthy California, a TCWF grantee, summarizes the accomplishments of the California Office of Binational Border Health (COBBH) in contagious disease tracking and treatment, immunization of children, health education and other public health goals. The brief is available on the coalition's website at www.lchc.org.

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What's New

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Website Offers Resources for Multicultural Health Advocates

The website of the California Pan-Ethnic Health Network (CPEHN), www.cpehn.org, offers numerous resources to help improve the health of multicultural communities, including customizable data reports, advocacy alerts and a calendar of events. CPEHN, a TCWF grantee, is a statewide network of multicultural health organizations that advocate for a proactive multicultural health agenda that advances the health of California's diverse communities.

Staff Updates

TCWF recognizes *Eloisa Andal*, senior program assistant, for five years of service to the Foundation.

TCWF welcomes new staff: *Jeff Kim*, program director, and *Randy Marcial*, office clerk.

Help Us Conserve Paper

Would you like to receive *Portfolio* and other TCWF publications electronically? Sign up for our e-mail alert service. An e-mail message, with a link to the publication on our website, will be delivered directly to you when new issues are published. Help TCWF conserve paper! To sign up, visit our Guestbook at www.tcdf.org.

THE CALIFORNIA WELLNESS FOUNDATION is an independent, private foundation, created in 1992, whose mission is to improve the health of the people of California by making grants for health promotion, wellness education and disease prevention. The Foundation's goals are:

- to address the particular health needs of traditionally underserved populations, including low-income individuals, people of color, youth and residents of rural areas;
- to support and strengthen nonprofit organizations that seek to improve the health of underserved populations;
- to recognize and encourage leaders who are working to increase health and wellness within their communities; and
- to inform the development of public policies that promote wellness and enhance access to preventive health care.

For more information or to be added to the mailing list, please call or write the Foundation, or visit our website at www.tcdf.org.

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PHOTOGRAPHERS: Robert Pacheco (pp. 2, 5, 6, 8, 9, 14 lower, 15 lower); Susan Van Horn (p. 7); Steve Yeater (cover).

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