



## Cal Wellness Sabbatical Program Award Narrative Questions

Cal Wellness has a broad definition of health that includes increasing access to health care, quality education, good jobs, healthy environments and safe neighborhoods.

As you answer the following questions, please consider how your work aligns with our overall mission to protect and improve the health and wellness of the people of California.

Your document must be six pages or fewer. Please use 12-point font and 1-inch margins. Upload your document into the online [Cal Wellness Sabbatical Program Award application](#).

1. How does your organization address health and wellness? Please include information about how your organization contributes to increasing access to at least one of the following: health care, quality education, good jobs, healthy environments and safe neighborhoods. If your organization's work does **not** fit into one of these areas, please explain how your organization increases access to other pathways to health and wellness.
2. How or why did you become engaged in your current field or work?
3. During your current tenure, what achievement has made you most proud of yourself or your agency (e.g., developing a policy education campaign or restructuring the organization)?
4. How has your work and/or your organization been affected by the changing US political climate?
5. What three things would make your job more manageable and less stressful, and why?
6. What other activities in the nonprofit health sector are you involved in at this time?
7. What are the three most significant lessons you have learned over the years?
8. Why are you applying for a sabbatical *this* year?
9. How will you use this sabbatical for personal rejuvenation? What types of activities are you planning for this time period?
10. What do you see yourself doing five years from now?

11. If awarded a sabbatical, how will your responsibilities be covered during your absence?
12. Are you applying for another organization's sabbatical award program? If so, which one?